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| **NAIRN COASTAL ROWING CLUB SESSION SIGN-ON** |
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| SESSION DETAILS | |  |  | DULSIE | ESTHER |
| Date |  |  | Cox  Buddy Cox |  |  |
| Start Time |  |  | Crew: |  |  |
| Shore Contact  (Name & Mobile#) |  |  |
| Wind Direction & Speed |  |  |
| High Tide & Sea State |  |  |
| Launch Site  (Slipway vs Beach) |  |  |
| Itinerary |  |  |

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| --- | --- | --- | --- |
| COXES SIGNOFF |  | DULSIE | ESTHER |
| Coxes Pre-launch briefing Complete |  |  |  |
| End of Session Checks Complete |  |  |  |
| Damage / maintenance required recorded |  |  |  |

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