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| **NCRC ROWING GUIDANCE**  **Slipway Launch** |
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This guide addresses the most common launch scenario at Nairn via the harbour slipway. There is a separate Guide for Beach launches

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|  | Step-by-Step |
| In the Compound  as part of Coxes briefing: | * Delegate crew member to complete skiff set up checklist * Radios   + Ensure radios are fully charged and on agreed channel (usually 8)   + Carry out radio checks, preferably before leaving compound and definitely before launch * Establish seating positions |
| At top of slipway | * Remove oars from skiff and place alongside wall on LHS of slipway * Position fenders out * Assign stern and bow ropes to crew members 2 and 3 |
| Launch sequence | * Take skiff slowly down slipway, removing securing rope only once skiff and trailer enter the water * Push skiff off trailer and pull trailer back to secure parking spot above * Use bow & stern ropes to position skiff alongside slipway, bow facing direction of travel * Rowers 2 and 3 hold bow and stern ropes maintaining skiff in position * Cox into skiff, secure rudder * Bow (rower 1) into skiff * Rower 4 passes oars onto skiff, starting with Stroke (4) oar, working with Bow rower to position starboard oars onto thole pins and port oars across gunwhale * Cox holds position using slipway rope; bow & stern ropes coiled and passed to Rower 1 & Cox respectively. * Rower 4 into skiff followed by 3 and 2 – only one person moving at a time * Adjust footrests |