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| **NCRC ROWING GUIDANCE****Slipway Launch** |
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This guide addresses the most common launch scenario at Nairn via the harbour slipway. There is a separate Guide for Beach launches

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|  | Step-by-Step  |
| In the Compound as part of Coxes briefing: | * Delegate crew member to complete skiff set up checklist
* Radios
	+ Ensure radios are fully charged and on agreed channel (usually 8)
	+ Carry out radio checks, preferably before leaving compound and definitely before launch
* Establish seating positions
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| At top of slipway | * Remove oars from skiff and place alongside wall on LHS of slipway
* Position fenders out
* Assign stern and bow ropes to crew members 2 and 3
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| Launch sequence | * Take skiff slowly down slipway, removing securing rope only once skiff and trailer enter the water
* Push skiff off trailer and pull trailer back to secure parking spot above
* Use bow & stern ropes to position skiff alongside slipway, bow facing direction of travel
* Rowers 2 and 3 hold bow and stern ropes maintaining skiff in position
* Cox into skiff, secure rudder
* Bow (rower 1) into skiff
* Rower 4 passes oars onto skiff, starting with Stroke (4) oar, working with Bow rower to position starboard oars onto thole pins and port oars across gunwhale
* Cox holds position using slipway rope; bow & stern ropes coiled and passed to Rower 1 & Cox respectively.
* Rower 4 into skiff followed by 3 and 2 – only one person moving at a time
* Adjust footrests
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